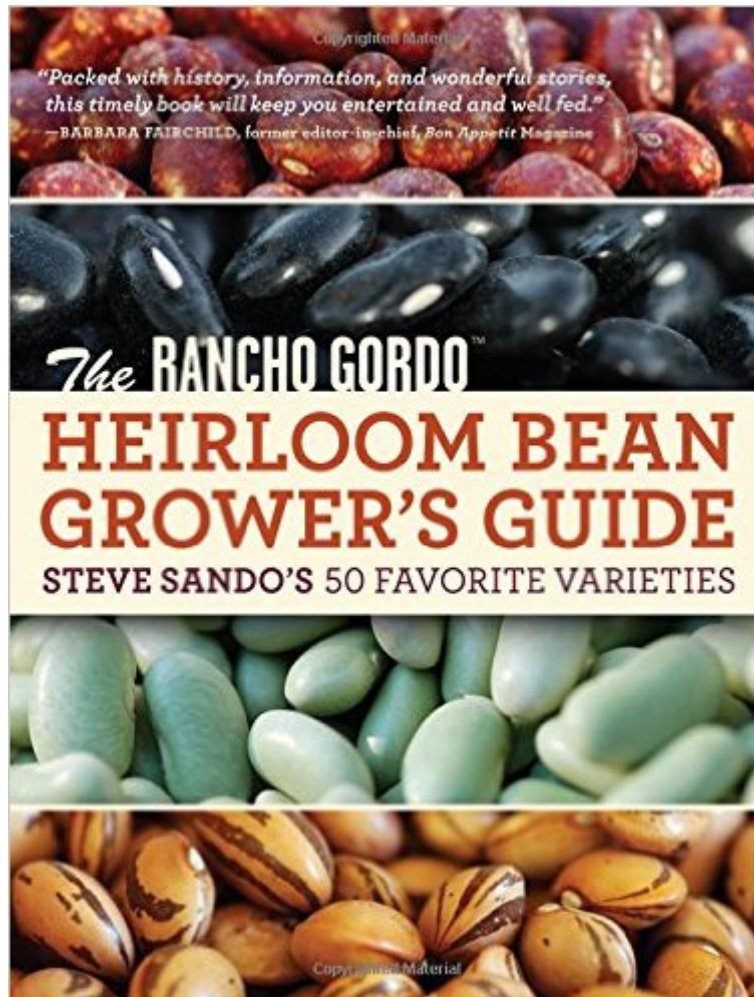


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The Rancho Gordo Heirloom Bean Grower's Guide: Steve Sando's 50 Favorite Varieties



Synopsis

Steve Sando founded Rancho Gordo with the simple idea that saving our New World foods is a critical pursuit, and his passion for heirloom beans has made his business a huge success. Sando's beans are sought after by famous chefs like Thomas Keller (Vallarta is his favorite), and he's frequently profiled in publications such as Bon Appetit, Saveur, and the New York Times. In The Rancho Gordo Heirloom Bean Grower's Guide, Sando invites the gardener and home cook to share his passion, profiling the fifty best beans to grow, cook, and save. From the silky flavor of Good Mother Stallard to the buttery Runner Cannellinis, the most delicious varieties are presented in these pages along with growing tips, flavor notes, stories of their heritage, and beautiful photographs that showcase the unique beauty of each bean. In reintroducing the best of the New World heirloom beans, Sando has created a sensation, and food-lovers everywhere will relish transforming this humble staple into a celebrated delicacy.

Book Information

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Customer Reviews

Simply put, there is absolutely nothing else out there quite like Steve Sando's "HEIRLOOM BEAN GROWER'S GUIDE - Steve Sando's 50 Favorite Varieties." Not in print; not online. At least not that I've seen. I have to admit that I didn't buy it. It was a gift from someone that knew I owned Sando's first book ("HEIRLOOM BEANS - Great Recipes for Dips and Spreads, Soups and Stews, Salads and Salsas") and loved it. I'll also admit that I probably would not have bought a book called "Bean Grower's Guide." I'm not a gardener and, from the title, thought that this new book had nothing for

me. I could not have been more mistaken. Have you ever bought a guidebook to a new destination, expecting nothing but dry prose, facts and statistics, names, places, dates, directions, only to discover to your delight that, instead, it's chockfull of clever writing, witty insights and charming stories? That has been my happy surprise with this book. It is a guidebook, of sorts, to a world that I didn't really know even existed. I was raised on a very few varieties of canned beans, none of which I liked much: red kidney beans, limas, pintos. Beyond that, well, as Sando himself says in the introduction "Who knew?" Last night, as an example, I prepared a big pot of Christmas Lima Beans. They were nothing like those dreaded little wrinkled green half-circles of pasty pap that my mother had to threaten me to eat (and that I noticed she never ate herself). She said they were "good for me." Good for me, they may have been. Good to me, they decidedly were not. Compare that to the Christmas Lima Beans I cooked last night.

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